



Harmony Hub Radio

Welcome to Harmony Hub Radio a place to listen, share, reminisce and get inspired.

www.awakeningarts.co.uk

We'd love to hear your thoughts about the show and have you be part of the Harmony Hub Magic. We are really keen to hear about a memorable, favourite song and what it means to you or to hear a recording of you reading a favourite poem. If you have anything you'd like to share or need help to share something, please get in touch with me, Kaye, on 07591157841 or by email at kaye@awakeningarts.co.uk

This week on Harmony Hub Radio, we'll be celebrating flowers. These are the poems I'll be reading on the show and I'd love it if you'd read along with me.

The honeysuckle fairy by Cicely Barker

The lane is deep, the bank is steep,
The tangled hedge is high;
And clinging, twisting, up I creep,
And climb towards the sky.
O Honeysuckle, mounting high!
O Woodbine, climbing to the sky!
The people in the lane below
Look up and see me there,
Where I my honey-trumpets blow,
Whose sweetness fills the air.
O Honeysuckle, waving there!
O Woodbine, scenting all the air!

Flower-Gathering by Robert Frost

I left you in the morning,
And in the morning glow,
You walked a way beside me
To make me sad to go.
Do you know me in the gloaming,
Gaunt and dusty grey with roaming?
Are you dumb because you know me not,
Or dumb because you know?
All for me? And not a question
For the faded flowers gay
That could take me from beside you
For the ages of a day?
They are yours, and be the measure
Of their worth for you to treasure,
The measure of the little while
That I've been long away.

Percy Shelley - The Flower That Smiles To-Day

The flower that smiles to-day
To-morrow dies;
All that we wish to stay
Tempt and then flies.
What is this world's delight?
Lightning that mocks the night,
Brief even as bright.

And here's the quote by Adabella Radici:

“A flower's appeal is in its contradictions - so delicate in form yet strong in fragrance, so small in size yet big in beauty, so short in life yet long on effect.”

What is it that you love about flowers? I'd love you to get in touch with me, you can at kaye@awakeningarts.co.uk

What the Bee Is To the Floweret by Thomas Moore

What the bee is to the floweret,
When he looks for honey-dew,
Through the leaves that close embower it,
That, my love, I'll be to you.

She. --

What the bank, with verdure glowing,
Is to waves that wander near,
Whispering kisses, while they're going,
That I'll be to you, my dear.

She. --

But they say, the bee's a rover,
Who will fly, when sweets are gone,
And, when once the kiss is over,
Faithless brooks will wander on.

He. --

Nay, if flowers will lose their looks
If sunny banks will wear away,
'Tis but right that bees and brooks
Should sip and kiss them, while they may.

Art Activity

This week as our theme is flower, we'll be looking at different ways of capturing the magic and beauty of flowers. Here are some ideas, but please feel free to find your own ideas, if you don't like the ones I've chosen. You could get some flowers from the shop or your garden to paint. Alternatively you could look through some of your old photos to copy, draw from memory or imagination.

Here is a lovely Japanese painting. The way the artist made the background one bright colour allows the neutral colours of the flower to stand out. You could try something similar by keeping the detail to a minimum and focusing on the main shapes and lines of the flower to create a graphic effect.



I love this simple, colourful flower painting by Lorelle Carr. It's got a magical childlike quality. You could try something like this by painting a simple landscape background (letting it dry) and then adding the flowers in the foreground. Don't get caught up with doing a perfect copy of reality, see if your painting can have a feeling.

What do you think about this painting by Georgia O'Keefe? She was a very famous artist who, almost exclusively, painted flowers. O'Keefe focused in on the details of the flowers so closely that they almost become abstract. You could choose just a small section of the flower to paint and try to capture the subtle change in colour and tone.



Here is a simple line drawing filled minimally with dashes of watercolour. For many of us when it comes to drawing or painting, the difficulty is knowing how to keep things simple. Try drawing the lines first with a pen, rather than getting bogged down trying to make things perfect with a pencil.